

# Gender-Affirming Program with Speech (GAPS) National Interfacility E-Consult

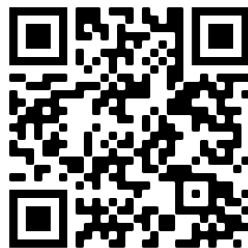
## What is Gender-Affirming Voice Therapy?

The way we communicate helps to define who we are. For many, a desired voice and communication style is key to gaining acceptance in their new gender.

Speech-Language Pathologists are trained to help in gender affirming voice treatment, which targets voice, speech, language, and non-verbal communication. Research has shown that skills learned with a Speech-Language Pathologist can result in increased satisfaction with voice and communication while reducing the risk of developing vocal strain.

## Are you interested in Gender-Affirming voice therapy?

- Ask your health care provider to submit a GAPS E-Consult today.
- Learn about pitch, resonance, intonation, nonverbal communication and more.
- Meet with a Speech-Language Pathologist virtually using VA Video Connect.
- Questions? Email us at [valgbtq+program@va.gov](mailto:valgbtq+program@va.gov)
- Learn more about resources and support available to you.



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